



### **Act of Consecration**

God of my heart, my whole desire is in loving you. I give myself to you without reserve.

I consecrate to you my heart. Receive it as an offering of love and unite it to your heart. I desire to dwell with you all my days.

I consecrate to you my will. May it be joined to yours in all things. May my deepest desire be to do what is pleasing to you. May your Spirit guide me in the way of obedience and may selfish desires not find a home in me.

I consecrate to you my understanding. May I see with your eyes and choose what is life-giving. May I forego all that is false and passing that I may embrace what is true and enduring. Let me desire the good and all that brings the good to birth. May your grace bring my desire to realization.

I consecrate to you my memory. Let me always remember your goodness and beauty. I shall take delight in remembering your favors - the love and mercy you have shown to me. May my heart be forever grateful.

I consecrate to you my body. Make me a worthy dwelling for your Spirit, Jesus. I give you all that I am and I accept whatever limitations, sickness, sorrows and death will be mine. Let me desire what you desire. No matter how painful the cross that is mine to carry, I receive it with confidence in your strength and grace. May I accept it with lively gratitude and carry it with joy and constancy. May the words of St. Paul strengthen me; "With Christ I am nailed to the cross."

I consecrate to you all that I may ever possess in goods, influence or status. All is yours. Do with me what you will. I consecrate to you all that I can - joys, sorrows, life and death - to offer you my love and to witness to others the joy of loving you. May I serve you with devotion, relying on the help of your grace. May I be yours without reserve until the last moment of my life. Amen.