

## About the Retreat Facilitators

### Mary Southard, CSI

is a life adventurer whose fascination is the wonder and creativity of the universe. Her well-known paintings, sculptures and publications give expression to the journey of the soul within this intimate, interconnected existence, with all its beauty, longing, passion and mystery. Mary is also an experienced educator and retreat facilitator. Art commissions and program work have taken her to many places in the United States, Canada and Europe. Mary is a member of the Congregation of St. Joseph, LaGrange Center.

### Gail Worcelo, CP

a Passionist nun of St. Gabriel's Monastery for 25 years, was given permission by her community in 1999 to begin a new monastery community with guidance from her mentor, Passionist priest Fr. Thomas Berry. Her particular focus has been the re-founding of religious life in light of new understandings of the universe story and the evolution of Christ Consciousness. Through the founding of Green Mountain Monastery she hopes to contribute to the unfolding of an Integral Christianity by bringing the Catholic religious tradition into its cosmological/planetary phase. Gail is a writer, Liturgical Dancer and choreographer with degrees in clinical psychology and spirituality.

### Margaret Silf

is an ecumenical lay Christian, committed to working across and beyond the denominational divides. For most of her working life she was employed in the computer industry and left paid employment to devote herself to writing and accompanying others on their spiritual journey, especially through retreats and days of reflection. She is the author of a number of books on the spiritual journey for 21st century pilgrims who may or may not identify with institutional religion, and a regular columnist with "America" magazine. She is especially interested in the cosmic dimension of the Christian story and the spiritual evolution of humanity. Margaret lives in England, where she has one grown daughter and a baby granddaughter.

### Mary Ellen O'Dea, OP

is a Sinsinawa Dominican who is a lifelong student of the scriptures. She has ministered as a teacher, principal, director of family faith development, director of religious education, coordinator of small faith communities, a university chaplain, spirituality coordinator, itinerant preacher, and retreat director.

An atmosphere of quiet and reverence and its pathways to nearby woods make The Well an ideal place to enjoy "time away" for personal renewal. A newly renovated building provides private baths and air-conditioned rooms.

Each retreat costs \$550. Extra weekend overnight and meals cost \$50 per day. \$100 non-refundable deposit confirms your registration and is due one month before the retreat start date. Checks made out to: Congregation of St. Joseph/The Well. All credit cards accepted.

### 2010 RETREAT REGISTRATION

Arrival for each retreat is Sunday 4:00 PM.

Departure on Friday after 4:00 PM.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### I am interested in the following retreat(s)

\_\_\_\_\_ June 13—18: The Contemplative at the

Heart of the Cosmos

(\$25 discount for those who attend the Summer Institute June 18-19. Visit our website for more information.)

\_\_\_\_\_ July 11—16: What Does Your Heart  
Desire?

\_\_\_\_\_ August 15-20: "Some Women of Our  
Group Astounded Us." (Luke 24:22)



## THE WELL

1515 W. Ogden Ave.

LaGrange Park, IL 60526

Phone: 708-482-5088

www.csjthewell.org

thewell@csjlagrange.org

## THE WELL



### SUMMER

### RETREAT

### PROGRAM

### 2010

A Center for our Sacred Unity  
with God, Earth, and One Another

# **The Contemplative at the Heart of the Cosmos: Changing the World from the Inside Out**

**June 13—June 18**

**Facilitators**

**Mary  
Southard,  
CSJ  
and  
Gail  
Worcelo,  
CP**



When we awaken to the fact that the Universe is a Holy Unity whose inner and outer dimensions are evolving simultaneously, it is a revelation! Through this realization we begin to awaken to the inherently integral nature of the entire process. We see that our own capacity for depth is what has traditionally been called the Mystical Life. In addition, we realize that this interiority or “Christ consciousness” is continually pressing to evolve through us. During this retreat we will press towards the farther shore where the Divine Impulse urges us to create the future at a higher level. This urge to become is the new and emerging face of the living God. Silence, meditation and reflection will be part of this retreat experience of living on the edge.