

Insight Quest: Listening to Land and Sea

Monday, August 30, 2010 at noon – Thursday, September 2, 2010 at noon

Immerse yourself deeply in the natural world.
Spend days and nights on Stella Maris' coastal land
to strengthen your connection
to self, Earth and her waters,
and to the sacred dimension of your life.

Bring a tent and a sense of wonder.
No camping experience required Limited to 10 participants

Presenters:

Suzanne Golas, csjp Joan Carey, ssj

Deadline for Registration
July 30, 2010

Cost: \$285

Deposit: \$75

"The rhythm of ritual, the moments of solitude and of community sharing during the "Insight Quest" program moved me into a space in which I was able to experience in a new way my relationship with nature. I recommend the "Insight Quest" program for all who seek a deeper experience of nature." Summer 2009 Participant

Insight Quest – Listen to the Land and Sea Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (Home) _____ (Cell) _____ Email _____

Make checks payable to and mail to:

WATERSPIRIT
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Elberon, NJ 07740

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Email: waterspirit@stellamaris.comcastbiz.net
Website: www.waterspirit.org

WATERSPIRIT is a ministry of the Sisters of St. Joseph of Peace